

APPETIZERS
& SNACKS

APPETIZERS
& SNACKS

*bread*s

*bread*s

BREAKFAST

BREAKFAST

*canning
& freezing*

*canning
& freezing*

Fold

Cut

casseroles

casseroles

DESSERTS

DESSERTS

drinks

drinks

MEAT & POULTRY

MEAT & POULTRY

Fold

Cut

PASTA

PASTA

salads

salads

SAUCES & SPICES

SAUCES & SPICES

seafood

seafood

Fold

Cut

side dishes

side dishes

SOUPS & STEWS

SOUPS & STEWS

vegetables

vegetables

NEW RECIPES

NEW RECIPES

Fold