<table>
<thead>
<tr>
<th>Vegetable</th>
<th>Size (in minutes)</th>
<th>Size (in minutes)</th>
<th>Size (in minutes)</th>
<th>Size (in minutes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Artichoke, globe (hearts)</td>
<td>7</td>
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</tr>
<tr>
<td>Artichoke, Jerusalem</td>
<td></td>
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<tr>
<td>Asparagus</td>
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<tr>
<td>Beans, green, snap or wax</td>
<td></td>
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<tr>
<td>Beans, butter, Lima, or pinto</td>
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<tr>
<td>Beets</td>
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<tr>
<td>Broccoli, florets</td>
<td></td>
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<tr>
<td>Brussels sprouts</td>
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<tr>
<td>Cabbage</td>
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<tr>
<td>Carrots</td>
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<tr>
<td>Cauliflower, florets</td>
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<tr>
<td>Corn, on the cob</td>
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<tr>
<td>Corn, whole kernel or cream-style (blanch on the cob)</td>
<td>5-6</td>
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<tr>
<td>Cucumbers</td>
<td>DON'T FREEZE WELL</td>
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<tr>
<td>Eggplant</td>
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<tr>
<td>Greens</td>
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<tr>
<td>Kohlrabi</td>
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<tr>
<td>Okra</td>
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<tr>
<td>Onions</td>
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<tr>
<td>Parsnips</td>
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<tr>
<td>Peas, field (Blackeye)</td>
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<tr>
<td>Peas, green (shelled or in the pod)</td>
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<tr>
<td>Peppers</td>
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<tr>
<td>Potatoes</td>
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<tr>
<td>Pumpkins</td>
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<tr>
<td>Rutabagas</td>
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<tr>
<td>Squash</td>
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<tr>
<td>Sweet potatoes</td>
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<tr>
<td>Tomatoes</td>
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<tr>
<td>Turnips</td>
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<tr>
<td>Zucchini</td>
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</tbody>
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